



## GRADE R PLAYBALL AT BISHOPS - 2025

The Gr R boys do the Playball **Preps** programme, specially designed for the 5-6 year old age group. Here they focus on the ball skills essential for the **popular school sports**.

As Preps, they work at **refining their skills** and on **concepts such as: team work, game situations** (decisions under pressure...) and partner work. **Competence** is our aim as we **ready them for "big" school**.

This programme is rewarding as the boys experience how the various sport skills **come together** towards the common goal of playing the game. They thus **transition into school sport with more confidence**.

### What is our policy?

- To take **limited numbers** per class to ensure enough individual attention
- Teach an **age appropriate, educationally aligned** progr & follow the Head Office **curriculum**
- For our coaches to be **value driven** in their teaching (positive approach / build confidence)

### What is our methodology?

- To apply the **Playball Focus Points** (PFPs) coaching method which breaks each skill smaller components (ensuring correct technique in the early learning phase already)
- Use **Maximum Activity Levels** to ensure that boys are constructively active during the lesson
- To use **Creative Presentation Methods** to ensure that activities remain fun and challenging

**FAQ 1: What if my child has done Playball before?** *This is excellent. The Playball Preps programme is the logical progression which builds on the Dinkies programme they did as 4-5 year olds. As a Dinkie, they did 4 PFPs, in the Preps, they add PFP 5 and 6, resulting in greater accuracy skill-wise.*

**FAQ 2: Do we receive updates on what boys are doing?** *Yes, you receive whatsapp Canva notes / pics.*

### PLAYBALL AT BISHOPS - 2025:

- **Demonstration** lesson – Friday 17 January 2025
- Classes will be presented at the school on **Mondays and Thursdays** 12h30-13h15
- Classes presented on **mini astro, field** - boys are walked to and from court / aftercare
- Cost = R750 / term + annual fee R140 incl t-shirt (payable in Term 1). Terms 2,3 & 4 = R750
- Parents receive 2 **feedback sheets** and the boys a **certificate** to reward their hard work
- **Sessions start as from week 2 of term.**

We look forward to meeting you in January 2024. Please visit our website – **playballkids.com** and do have a look at <https://vimeo.com/168780092> to see more on the **Preps** programme.

Kind Regards, Annie van Niekerk and team

083 270 4094 / annievan@mweb.co.za / admin: dot@playballcape.co.za



## GRADE R PLAYBALL AT BISHOPS - 2025

We look forward to seeing your boys this year. Below please find the Grade R PLAYBALL Enrolment form. You are welcome to fill it in and submit to [dot@playballcape.co.za](mailto:dot@playballcape.co.za). Or use this quick link on **google docs**: <https://docs.google.com/forms/d/e/1FAIpQLSfrxyxmWRbEIJ7A252keNGmPF9nOPT6gnE5IZHUq4fMvnDWpA/viewform?usp=dialog>

Please note that there are two options re Playball Grade R day, **Monday or Thursday 12h30-13h15**.

Please indicate your preference below.

<b>CHILD'S NAME &amp; SURNAME</b>	
<b>DATE OF BIRTH</b>	
<b>SCHOOL TEACHER</b>	
<b>LEFT OR RIGHT HANDED</b>	
<b>ATTENDS AFTERCARE?</b>	
<b>PREFERRED DAY AND SLOT</b>	
<b>PARENT/GUARDIAN (1)</b>	
<b>CELL NR</b>	
<b>EMAIL</b>	
<b>PARENT/GUARDIAN (2)</b>	
<b>CELL NR</b>	
<b>EMAIL</b>	
<b>ALLERGIES etc?</b>	

On submitting this entry form, I accept Playball's General Terms and Conditions below.

### **GENERAL PLAYBALL TERMS AND CONDITIONS**

- All accounts are payable at the beginning of the term. Fees payable by eft to Playball Newlands, Standard Bank, Claremont, code 025109, account 071883533.
- Fees to be settled by the 3<sup>rd</sup> week of the term to ensure that your child may continue with Playball.
- One month's notice is required on leaving Playball. If a child leaves without giving prior notice, parents will be responsible for one month's payment.
- Classes are presented for 8 weeks of the term. Due to varying length of term, some terms may be 7 weeks and others 10. In total over the year, the average will be 8 lessons per term.
- The annual registration fee is payable together with the entry term's fees.
- There is no reduction for any non-attendance due to illness or any other reason – lessons may be made up. No coaching on public holidays.
- The Playball coaches will not be held liable for any damages or costs incurred should my child be injured while participating in activities presented by the Playball coaches.
- The Playball team would like to share with you some videos and pics of your child during the lesson. If you would prefer us not to share these on your child's school Playball group, please contact me directly.

Playball lists will be placed on the school notice board / classroom doors.

**Any queries:** contact **Annie** or [dot@playballcape.co.za](mailto:dot@playballcape.co.za). All the best for Grade R at Bishops.

Kind Regards

Annie van Niekerk (083 270 4094)